



September 2022 Philip Aziz Centre Core Training for Hospice Volunteers

Currently Hosted on Zoom – All Classes 6-9pm

Tuesday, September 20 - ZOOM	
6:00pm	Welcome! Ice Breaker
6:15pm	Volunteer Admin Responsibility
6:15pm	Introduction to Hospice Palliative Care
6:45pm	“How Does It Feel?” Exercise Role of the Volunteer
7:30pm	Psychological Issues & Impact of Illness: Cancer – Discussion from Handle with Care & Nora
7:40pm	Understanding Professional Boundaries

Thursday, September 22 - ZOOM	
6:00pm	Welcome – Breakout Groups
6:10am	Handle with Care and Whole Person Care
6:30pm	Herbie and Nora
7:00pm	Dying For Care
7:30pm	Scrubs, Empathy & Nail

Tuesday, September 27 - ZOOM	
6:00pm	Welcome
6:10pm	PPE Training with Patty Malloy
6:40pm	Introduction of Staff Panel
7:30pm	Info Anywhere: Logging Hours
8:00pm	Working as a Hospice Team
8:30pm	GRADUATE!!!

Due Dates for Work

Documentaries, HPCOs & HRDs to watch by:	
Tues. Sept. 20	1. Handle with Care*
Tues. Sept. 20	2. Nora*
Thurs. Sept. 22	3. Whole Person Care*
Thurs. Sept. 22	4. Dying for Care*
Thurs. Sept. 22	5. Herbie*
Thurs. Sept. 22	6. Scrubs, Empathy & Nail
Mon. Sept. 26	13 HPCO Modules
Mon. Sept. 26	4 Legislative HRDOWNLOADS
Mon. Sept. 26	Login Volunteer Time
*These documentaries will have an Independent Make-Up Report (IMUR) to submit by due-date. Link provided.	

NOTE: Schedule is subject to change.

Speakers: Amanda Maragos, Lena Soje, Sarah Johnson, Sunni Rochelle, Michael Nelson, Sandy Broad, Raymond Tang

- **ZOOM LINK FOR ALL CLASSES:** <https://us06web.zoom.us/j/84179899935?pwd=UFZJTFRNWjhPc2VjUkNlZDNXeJlBZz09>
- **ID:** 841 7989 9935
- **PASSCODE:** 719143

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CORE VIDEOS TO WATCH:

Use the attached INDEPENDENT MAKE-UP RECORDS (**IMUR**) to take notes for 5 videos. Save each IMUR with the video title in the name to a folder. Email to Mike by due dates. Be sure to **note any questions** you may have for each video, and bring them to the Zoom Class.

WHOLE PERSON CARE: - Speaks of the development and importance of Palliative Care – broken into 3 parts– but 1 hour total. **Only 1 IMUR**

PT1. https://youtu.be/_puqcYfosyw – **27mins**

PT2. <https://youtu.be/C5HA1iHK2Qg> – **27mins**

PT3. <https://youtu.be/J32KQHSYyKg> – **5mins**

- Fill out one report for all 3 parts, by clicking link and submitting - <https://forms.gle/DCK4GysQidmRySGm7>

DYING FOR CARE:

Speaks of the history and future of Palliative Care in Canada - **IMUR**

- https://www.youtube.com/watch?v=cSh8rmYxrr4&ab_channel=PAC%26EHVolunteerTraining – **17mins**
- Fill out your report by clicking link and submitting - <https://forms.gle/ZBhTNyfqKdkvprsC7>

HANDLE WITH CARE:

Group of actors diagnosed with cancer (all now passed away), sharing in a creative way, the challenges, frustrations and fears they and their families have – note what are the *client's* priorities? - **IMUR**

- https://www.youtube.com/watch?v=N-l-6Kbr8b4&ab_channel=PAC%26EHVolunteerTraining – **41mins**
- Fill out your report by clicking link and submitting - <https://forms.gle/jJYRv8T8cSWKpWmd7>

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NORA: - Use attached Nora's Story question sheet – use to guide and record your own answers. **Hand in with IMURS.**

- https://www.youtube.com/watch?v=xdMQRRMyt48&ab_channel=PAC%26EHVolunteerTraining - **4mins**
- Fill out your report by clicking link and submitting - <https://forms.gle/opvhyBF2UPIGiwTx8>

HERBIE: - **IMUR**

- This is a video of Herbie and his wife Hannah-Lore, and his choice of hospice care at home, so he could die at home in Ireland.
- ***We do see Herbie die in this video with his wife at his side.***
 - **This can potentially be a triggering video** for those that have experienced loss . If you feel this may be triggering, it is **NOT mandatory to watch.**
- It does show how hospice volunteers support an end-of-life journey and allowing for the client to have choice, independence and dignity.

NOTE 2 areas:

- What are some positive things you notice about Herbie's EOL journey?
 - Physically, mentally, relationally, medically?
- What are some physical signs and any other observations Herbie shows as he actively enters his EOL journey?
 - NOTE: It can be distressing to see him in his last hours, BUT please know this is normal and he is not in any pain or discomfort.
 - Volunteers are not typically at the side of a client when they are actively dying, but may see them days before they do.
- https://www.youtube.com/watch?v=9aHsuvtM-IA&ab_channel=PAC%26EHVolunteerTraining – **24mins**
- Fill out your report by clicking link and submitting - <https://forms.gle/irhbQoCET5m5Rc6T8>

VIEW ONLY:

SCRUBS – Infection Spreads – **view only** – emphasis is how important it is to wash/sanitize your hands frequently; the end of this storyline is not shown in this short clip, but as comical as it is, it ends with the patients death due to the act of simple touch.

- https://www.youtube.com/watch?v=VK2vpOh5wws&ab_channel=Sinister – **2mins**

EMPATHY vs. SYMPATHY - Brene Brown – **view only** - understanding the real difference between the two.

- https://www.youtube.com/watch?v=1Evwgu369Jw&ab_channel=RSA – **3mins**

IT'S JUST A NAIL – **view only** - a humorous way to emphasis active listening.

- https://www.youtube.com/watch?v=-4EDhdAHRog&ab_channel=JasonHeadley – **2mins**

logvolunteertime.com - Introduction For Volunteers

A tutorial on how to log your hours online using any device.

This video shows you how easy this is. You will receive a **USERNAME & PASSWORD** after graduation. Make note of any questions you have and bring to class.

- <https://www.youtube.com/watch?v=-AQ97kPfv5Y> – **10mins**

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