



May 2022 Philip Aziz Centre Core Training for Hospice Volunteers

Currently Hosted on Zoom – All Classes 6-9pm

Thursday, May 12 - ZOOM	
6:00pm	Welcome! Ice Breaker
6:15pm	Introduction to Hospice Palliative Care
6:45pm	“How Does It Feel?” Exercise Role of the Volunteer
7:30pm	Psychological Issues & Impact of Illness: Cancer – Discussion from Handle with Care & Nora

Tuesday, May 17 - ZOOM	
6:00pm	Welcome – Breakout Groups
6:10am	Whole Person Care
6:30pm	Herbie
7:00pm	Dying For Care
7:30pm	Scrubs, Empathy & Nail

Thursday, May 19 - ZOOM	
6:00pm	Welcome
6:10pm	PPE Training with Patty Malloy
6:40pm	Introduction of Staff Panel
7:30pm	Info Anywhere: Logging Hours
7:40pm	Understanding Professional Boundaries
8:00pm	Working as a Hospice Team
8:30pm	GRADUTATE!!!

Due Dates for Work

Documentaries, HPCOs & HRDs to watch by:	
Thurs. May 12	1. Handle with Care*
Thurs. May 12	2. Nora*
Tues. May 17	3. Whole Person Care*
Tues. May 17	4. Dying for Care*
Tues. May 17	5. Herbie*
Tues. May 17	6. Scrubs, Empathy & Nail
Thurs. May 19	13 HPCO Modules
Thurs. May 19	4 Legislative HRDOWNLOADS
Thurs. May 19	Login Volunteer Time
*These documentaries will have an Independent Make-Up Report (IMUR) to hand in before or by due-date.	

NOTE: Schedule is subject to change.

Speakers: Amanda Maragos, Lena Soje, Sarah Johnson, Amanda Taylor, Sunni Rochelle, Michael Nelson, Sandy Broad

<ul style="list-style-type: none"> • ZOOM LINK FOR ALL CLASSES: https://us06web.zoom.us/j/81133208120?pwd=eFFwNUNScHdNSlpwNGQ4by85MVQ2QT09 • ID: 701030 • PASSCODE: 928014

Review all 3 pages

CORE VIDEOS TO WATCH:

Use the attached INDEPENDENT MAKE-UP RECORDS (**IMUR**) to take notes for 5 videos. Save each IMUR with the video title in the name to a folder. Email to Mike by due dates. Be sure to ***note any questions*** you may have for each video, and bring them to the Zoom Class.

WHOLE PERSON CARE: - Speaks of the development and importance of Palliative Care – broken into 3 parts– but 1 hour total. **Only 1 IMUR**

PT1. https://youtu.be/_puqcYfosyw – **27mins**

PT2. <https://youtu.be/C5HA1iHK2Qg> – **27mins**

PT3. <https://youtu.be/J32KQHSYyKg> – **5mins**

DYING FOR CARE:

Speaks of the history and future of Palliative Care in Canada - **IMUR**

- https://www.youtube.com/watch?v=cSh8rmYxrr4&ab_channel=PAC%26EHVolunteerTraining – **17mins**

HANDLE WITH CARE:

Group of actors diagnosed with cancer (all now passed away), sharing in a creative way, the challenges, frustrations and fears they and their families have – note what are the ***client's*** priorities? - **IMUR**

- https://www.youtube.com/watch?v=N-l-6Kbr8b4&ab_channel=PAC%26EHVolunteerTraining – **41mins**

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NORA: - Use attached Nora's Story question sheet – use to guide and record your own answers. **Hand in with IMURS.**

- https://www.youtube.com/watch?v=xdMQRRMyt48&ab_channel=PAC%26EHVolunteerTraining - **4mins**

HERBIE: - **IMUR**

- This is a video of Herbie and his wife Hannah-Lore, and his choice of hospice care at home, so he could die at home in Ireland.
- *We do see Herbie die in this video with his wife at his side.*
- **This can potentially be a triggering video** for those that have experienced loss . If you feel this may be triggering, it is **NOT mandatory to watch.**
- It does show how hospice volunteers support an end-of-life journey and allowing for the client to have choice, independence and dignity.

NOTE 2 areas:

- What are some positive things you notice about Herbie's EOL journey?
 - Physically, mentally, relationally, medically?
- What are some physical signs and any other observations Herbie shows as he actively enters his EOL journey?
 - NOTE: It can be distressing to see him in his last hours, BUT please know this is normal and he is not in any pain or discomfort.
 - Volunteers are not typically at the side of a client when they are actively dying, but may see them days before they do.
- https://www.youtube.com/watch?v=9aHsvtM-IA&ab_channel=PAC%26EHVolunteerTraining – **24mins**

VIEW ONLY:

SCRUBS – Infection Spreads – **view only** – emphasis is how important it is to wash/sanitize your hands frequently; the end of this storyline is not shown in this short clip, but as comical as it is, it ends with the patients death due to the act of simple touch.

- https://www.youtube.com/watch?v=VK2vpOh5wws&ab_channel=Sinister – **2mins**

EMPATHY vs. SYMPATHY - Brene Brown – **view only** - understanding the real difference between the two.

- https://www.youtube.com/watch?v=1Evwgu369Jw&ab_channel=RSA – **3mins**

IT'S JUST A NAIL – **view only** - a humorous way to emphasis active listening.

- https://www.youtube.com/watch?v=-4EDhdAHRog&ab_channel=JasonHeadley – **2mins**

logvolunteertime.com - Introduction For Volunteers

A tutorial on how to log your hours online using any device.

This video shows you how easy this is. You will receive a **USERNAME & PASSWORD** after graduation. Make note of any questions you have and bring to class.

- <https://www.youtube.com/watch?v=-AQ97kPfv5Y> – **10mins**

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