



# February 2022 Philip Aziz Centre Core Training for Hospice Volunteers

## CURRENTLY HOSTED ON ZOOM

Tuesday, February 15 (ZOOM)	
6:00pm	Welcome! Ice Breaker
6:15pm	Introduction to Hospice Palliative Care
6:45pm	"How Does It Feel?" Exercise Role of the Volunteer
7:30pm	Psychological Issues & Impact of Illness: Cancer – Discussion from Handle with Care & Nora

Thursday, February 17 (ZOOM)	
6:00pm	Welcome
6:10am	Whole Person Care
6:30pm	Herbie
7:00pm	Dying For Care
7:30pm	Scrubs, Empathy & Nail

Tuesday, February 22 (ZOOM) to 9pm	
6:00pm	Welcome
6:10am	Introduction of Staff Panel
6:45pm	Info Anywhere: Logging Hours
7:15pm	Understanding Professional Boundaries
7:45pm	Working as a Hospice Team

Documentaries, HPCOs & HRDs to watch by:	
Tues. Feb. 15	1. Handle with Care*
Tues. Feb. 15	2. Nora*
Tues. Feb. 17	3. Whole Person Care*
Tues. Feb. 17	4. Dying for Care*
Tues. Feb. 17	5. Herbie*
Tues. Feb. 17	6. Scrubs, Empathy & Nail
Mon. Feb. 21	13 HPCO Modules
Mon. Feb. 21	4 Legislative HRDOWNLOADS
Mon. Feb. 21	Login Volunteer Time
*These documentaries will have an Independent Make-Up Report (IMUR) to hand in before or by due-date.	

**NOTE:** Schedule is subject to change.

**Speakers:** Amanda Maragos, Lena Soje, Sarah Johnson, Amanda Taylor, Sunni Rochelle, Michael Nelson, Sandy Broad

- **ZOOM LINK FOR ALL CLASSES:** <https://us06web.zoom.us/j/84726910379?pwd=cFQ4d29Fd25abDBHTUZNdMRpVDNnQT09>
- **ID:** 847 2691 0379
- **PASSCODE:** 928014

## **CORE VIDEOS TO WATCH:**

Use the attached INDEPENDENT MAKE-UP RECORDS (**IMUR**) to take notes for 5 videos. Save each IMUR with the video title in the name to a folder. Email to Mike by due dates. Be sure to ***note any questions*** you may have for each video, and bring them to the Zoom Class.

**WHOLE PERSON CARE:** - Speaks of the development and importance of Palliative Care – broken into 3 parts– but 1 hour total. (**Only 1 IMUR**)

PT1. [https://youtu.be/\\_puqcYfosyw](https://youtu.be/_puqcYfosyw) – **27mins**

PT2. <https://youtu.be/C5HA1iHK2Qg> – **27mins**

PT3. <https://youtu.be/J32KQHSYyKg> – **5mins**

### **DYING FOR CARE:**

Speaks of the history and future of Palliative Care in Canada - (**IMUR**)

- [https://www.youtube.com/watch?v=cSh8rmYxrr4&ab\\_channel=PAC%26EHVolunteerTraining](https://www.youtube.com/watch?v=cSh8rmYxrr4&ab_channel=PAC%26EHVolunteerTraining) – **17mins**

### **HANDLE WITH CARE:**

Group of actors diagnosed with cancer (all now passed away), sharing in a creative way, the challenges, frustrations and fears they and their families have – note what are the *client's* priorities? - (**IMUR**)

- [https://www.youtube.com/watch?v=N-l-6Kbr8b4&ab\\_channel=PAC%26EHVolunteerTraining](https://www.youtube.com/watch?v=N-l-6Kbr8b4&ab_channel=PAC%26EHVolunteerTraining) – **41mins**

**Continued on next page....**

**NORA:** - Use attached Nora's Story question sheet – use to guide and record your own answers. **Hand in with IMURS.**

- [https://www.youtube.com/watch?v=xdMQRRMyt48&ab\\_channel=PAC%26EHVolunteerTraining](https://www.youtube.com/watch?v=xdMQRRMyt48&ab_channel=PAC%26EHVolunteerTraining) - **4mins**

**HERBIE:** - (IMUR)

- This is a video of Herbie and his wife, and Herbie chose's hospice care at home and to die at home in Ireland.
- *We do see Herbie die in this video at home with his wife at his side.*
- **This can potentially be a triggering video** for those that have experienced loss . If you feel this may be triggering, it is **NOT mandatory to watch**.
- It does show how hospice volunteers support an end-of-life journey and makes it possible for the client to have choice, independence and dignity.

**NOTE 2 areas:**

- What are some positive things you notice about Herbie's EOL journey?
  - Physically, mentally, relationally, medically?
- What are some physical and any other observations Herbie shows as he actively enters his EOL journey?
  - NOTE: It can be distressing to see him in his last hours, BUT please know this is normal and he is not in any pain or discomfort.
  - Volunteers are not typically at the side of a client when they are actively dying, but may see them days before they do.
- [https://www.youtube.com/watch?v=9aHsvtM-IA&ab\\_channel=PAC%26EHVolunteerTraining](https://www.youtube.com/watch?v=9aHsvtM-IA&ab_channel=PAC%26EHVolunteerTraining) – **24mins**

**VIEW ONLY:**

**SCRUBS** – Infection Spreads – view only – emphasis is how important it is to wash/sanitize your hands frequently.

- [https://www.youtube.com/watch?v=VK2vpOh5wws&ab\\_channel=Sinister](https://www.youtube.com/watch?v=VK2vpOh5wws&ab_channel=Sinister) – **2mins**

**EMPATHY vs. SYMPATHY** - Brene Brown – view only - understanding the real definition of the two.

- [https://www.youtube.com/watch?v=1Ewgu369Jw&ab\\_channel=RSA](https://www.youtube.com/watch?v=1Ewgu369Jw&ab_channel=RSA) – **3mins**

**IT'S JUST A NAIL** – view only - a humourous way to emphasis active listening.

- [https://www.youtube.com/watch?v=-4EDhdAHrOg&ab\\_channel=JasonHeadley](https://www.youtube.com/watch?v=-4EDhdAHrOg&ab_channel=JasonHeadley) – **2mins**

**logvolunteertime.com** - Introduction For Volunteers

A tutorial on how to log your hours online using any device.

This video shows you how easy this is. You will receive a **USERNAME & PASSWORD** after graduation. Make note of any questions you have and bring to class.

- <https://www.youtube.com/watch?v=-AQ97kPfv5Y> – **10mins**